## **Update to Quarantine Guidelines and Requirements:**

The Illinois Department of Public Health, along with the CDC, continues to recommend a 14-day quarantine following close contact exposure to a person who is positive for COVID-19 infection. Quarantine is intended to reduce the risk that infected persons might unknowingly transmit infection to others and helps ensure that persons who become symptomatic or test positive can be promptly referred for medical evaluation and care.

Though the CDC has provided options to reduce quarantine that local health departments (LHDs) may implement using symptom monitoring and diagnostic testing, the <u>DuPage County Department of Public Health recommends that everyone follows the 14 day quarantine guideline, except under extenuating circumstances.</u> The shortened 10 day time period continues to require additional measures for the remaining days 11-14 in order to effectively protect against transmission risk.

To safely support the public health requirements for quarantine and to ensure consistency in our practices, **ALL D205** students will be required to complete the full 14 day quarantine period, and submit the required completion of quarantine paperwork at the end of the 14 day time period.